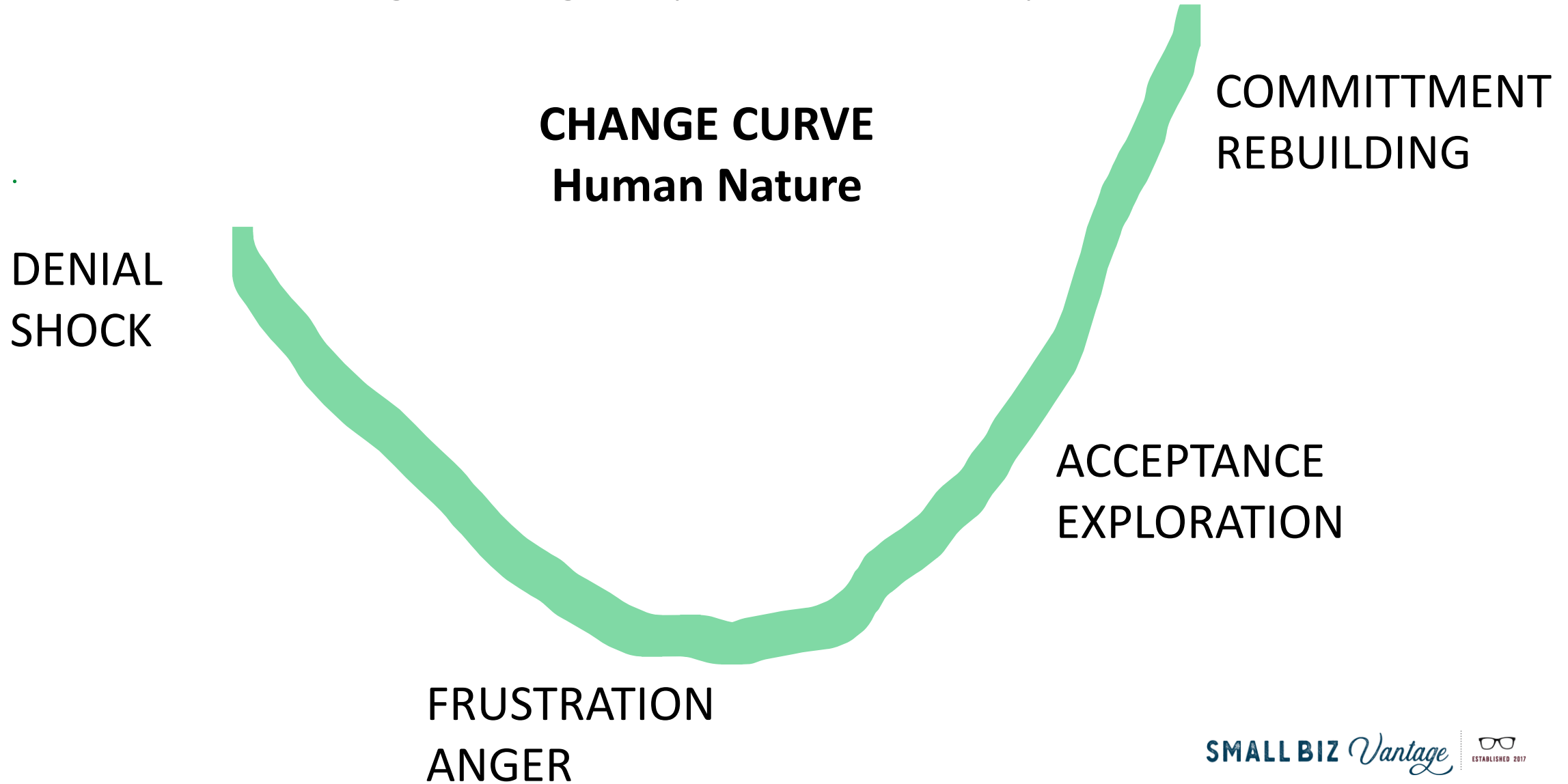
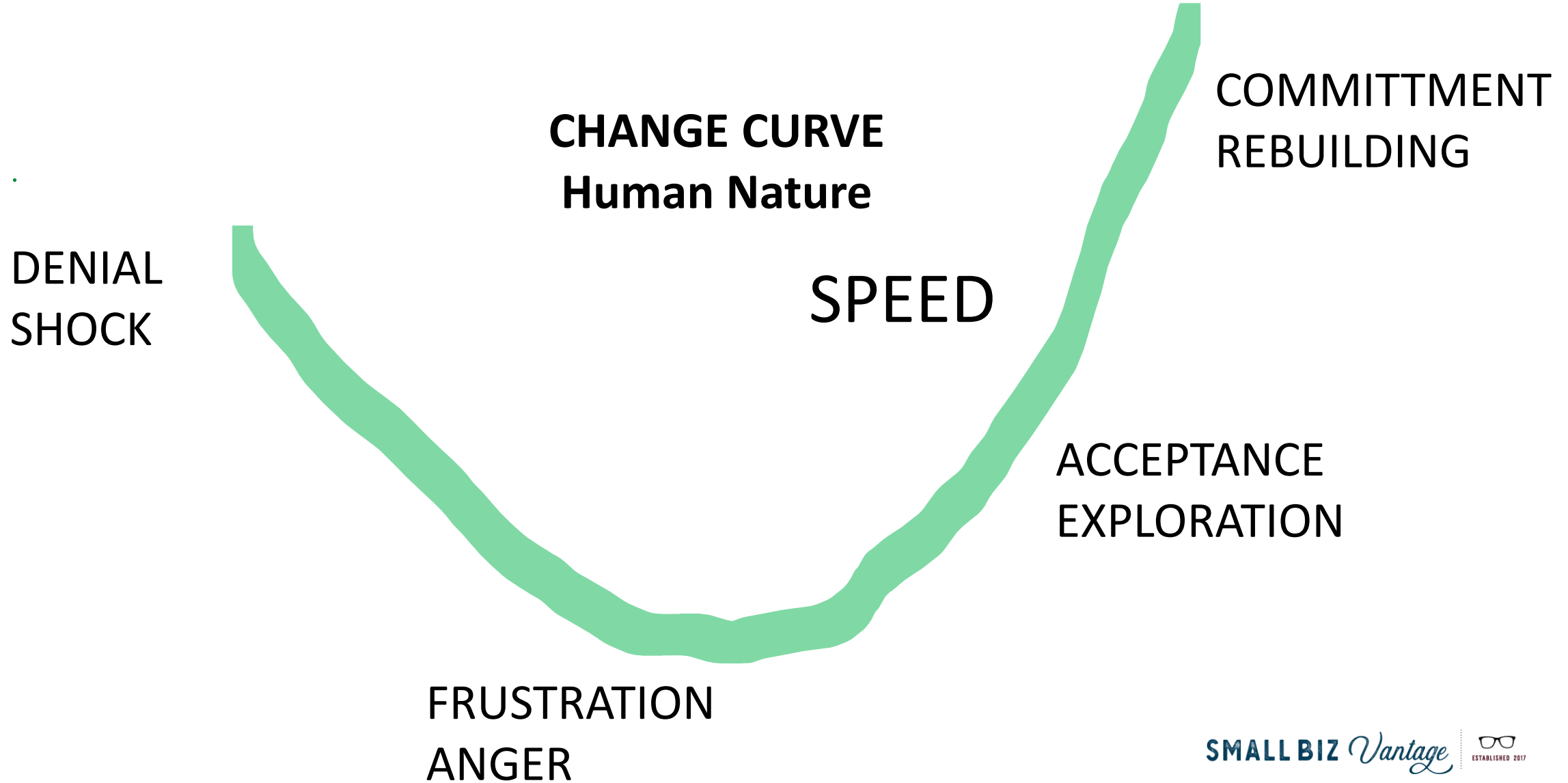


When things don't go as planned, how do you handle it?

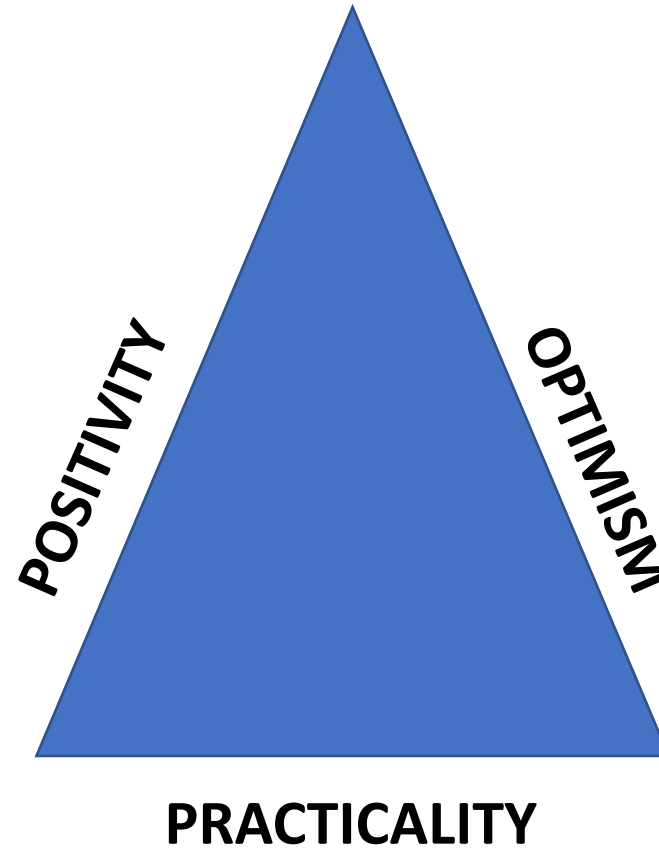


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P.O.P. Framework



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P.O.P. Framework

Positivity: Create a Plan to Gain Control

List activities/steps to get you to your Goal? Stay Focused. Set Deadlines

Optimism: Reflect to Gain Clarity

What have you been through? What have you learned? What made you stronger?

Practicality: Reality Check - Gain confidence

Assess your Resources Available. How much will it take?

Time - Your time or someone else's?

Money - What amount to budget?

People- Delegate or Outsource?

Skills- One you have or one to build?